



Parents & Caregivers: Join us for

Parent Cafés

Brewing Strong Families & Communities

Parenting is full of joys and challenges. Parent Cafés explore ways to reduce stress and build family resilience. Each series covers key strengths known to help adults and youth thrive.

Enjoy a meal, discussion and learning with other parents who understand.

All parents and caregivers welcome!
FREE... and childcare is provided!

If your group would like to host a parent café contact Extension Price County.

Contact: Libby Huber at 715-339-2555

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Meet other parents who understand the unique challenges & joys of raising children.

Connect with others

Share ideas

Learn parenting strategies



When? Where?

Park Falls Public Library

Dinner starts at 5:00p

Cafés start at 5:30p-6:30p

Date: _____ Topic:

Nov 12th- *Building Strong Relationships*

Dec 10th- *Parenting: Resilience*

Jan 14th- *Parenting: Support*



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